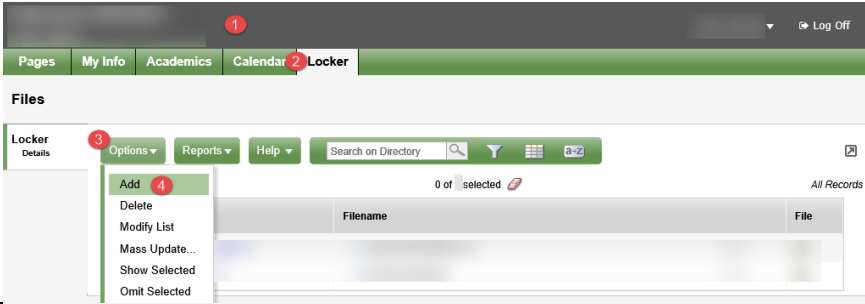
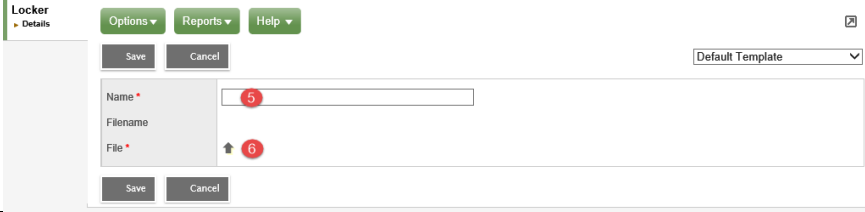
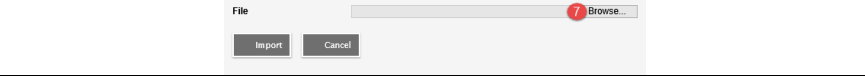
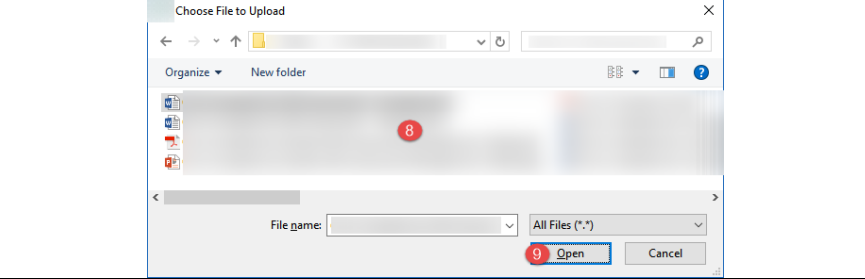
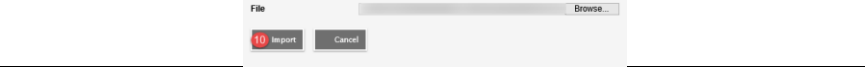




# Uploading a File to the Student Family Portal Locker

<ol style="list-style-type: none"><li>1. Log in to the <b>Student Family portal</b></li><li>2. Click on the <b>Locker</b> top tab</li><li>3. Click on the <b>Options</b> button</li><li>4. Click on <b>Add</b></li></ol>	<p>URL: <a href="https://www.myeducation.gov.bc.ca/aspen/logon.do">https://www.myeducation.gov.bc.ca/aspen/logon.do</a></p> 
<ol style="list-style-type: none"><li>5. Enter a <b>name</b> of the file</li><li>6. Click on the <b>arrow icon</b></li></ol>	
<ol style="list-style-type: none"><li>7. Click on the <b>Browse...</b> button</li></ol>	
<ol style="list-style-type: none"><li>8. Locate and select the file you wish to upload</li><li>9. Click on the <b>Open</b> button</li></ol>	
<ol style="list-style-type: none"><li>10. Click on the <b>Import</b> button</li></ol>	
<ol style="list-style-type: none"><li>11. Click on the <b>Save</b> button</li><li>12. The uploaded file will appear here and can be <b>downloaded by clicking on the icon</b></li></ol>	

Student Name

Student Number

## Core Competency Self-Assessment

<b>Core Competency Area</b>	<b>Evidence of my growth in the Core Competencies</b> (Provide examples of things you have done ...)
<p><b><u>Communication</u></b></p> <p><b>I can....</b></p> <ul style="list-style-type: none"><li>● Actively listen</li><li>● Recognize different points of view</li><li>● Present information, spoken and written, to an audience</li><li>● Collaborate to achieve group goals</li><li>● Reflect on my learning</li><li>● Gather information from a variety of sources</li></ul>	
<p><b><u>Creative Thinking</u></b></p> <p><b>I can...</b></p> <ul style="list-style-type: none"><li>● Generate new ideas through explorations and interactions</li><li>● Persevere when developing valuable ideas</li><li>● Continually build on creative pieces when it's in an area of interest to me</li><li>● Take risks in my thinking and am okay with uncertainty, failure and setbacks as they help advance my thinking</li></ul>	

<p><b><u>Critical Thinking</u></b></p> <p><b>I can...</b></p> <ul style="list-style-type: none"><li>● Question and investigate situations and ideas</li><li>● Consider perspectives and concepts</li><li>● Analyze and synthesize ideas</li><li>● Consider alternative approaches and make strategic choices</li><li>● Describe my thinking and how it is changing</li></ul>	
<p><b><u>Personal Awareness and Responsibility</u></b></p> <p><b>I can...</b></p> <ul style="list-style-type: none"><li>● Set goals and use strategies to accomplish them</li><li>● Advocate for myself and my ideas: let people know what I want, need, and choose over other things (identify my boundaries)</li><li>● Take responsibility for my choices and actions</li><li>● Make decisions and take steps to support my well-being</li><li>● Find social support if I need or want it</li></ul>	
<p><b><u>Social Responsibility</u></b></p> <p><b>I can...</b></p> <ul style="list-style-type: none"><li>● Take action to benefit my community and the environment</li><li>● Solve problems with collaboration and considering different perspectives</li><li>● Value diversity, inclusion, and advocate for human rights</li><li>● Build and sustain good relationships with people from a variety of age groups, communities, and cultures</li></ul>	